



Welcome to our Sport newsletter specially created for you to see what's been happening in the department you will be joining this September.

Our students have been studying harder than ever, despite the lockdown restrictions, which meant new ways of working from home for much of the year.

Highlights include Manchester United manager's message for students, Women's Rugby League tournament at Leigh College and award winners celebrating.

MAN UTD MANAGER SAYS STAY SAFE AND KEEP STUDYING

Students and staff were thrilled to see Manchester United Manager, Ole Gunnar Solskjaer, deliver a personal message to Wigan & Leigh College students on social media to stay safe and keep studying during the height of lockdown.

Click [here](#) to see the full video.



UNIVERSITY OFFERS

BTEC Level 3 Sport Science student, Jodie Gittins, has offers from Sheffield Hallam University, Leeds Beckett University and Liverpool John Moores University.

The talented swimmer and former Fred Longworth High School pupil has competed at the British Championships and is considering a career in sports psychology or physiotherapy.



REMEMBER WHEN BUYING TOILET ROLL BECAME A NATIONAL CHALLENGE?

Our Football Academy players found a way to keep up their spirits and put a smile on our faces with their toilet roll kick up competition during lockdown.

Click [here](#) to view.



WIGAN WARRIORS LEGEND ON COACHING

Wigan Warriors legend, Mick Cassidy dropped in to College, Mick Cassidy dropped in to College, Mick Cassidy dropped in to College to speak to students about his current role as Head of Youth Development at the club.

Mick also talked about the importance of sport conditioning and his own coaching philosophy, sharing the value of work experience and volunteering to stand out from the rest when applying for jobs.



LEIGH COLLEGE HOSTS WOMEN'S RUGBY LEAGUE TOURNAMENT

Leigh College hosted the North West College's Women's Rugby Tournament this year.

Wigan & Leigh College and Wigan Warriors Education players competed against a host of teams from across the region in the 9s format of the game.

The home team played exceptionally well, winning four out of four games.



Cronton Sixth Form College, Priestley College, New College Pontefract, New College Bradford and Carmel College took part.



The RFL have also launched the Women's College Development Academy programme, linking colleges and professional clubs to promote rugby league for women.

This provides more opportunities to play or officiate at matches, as well as take part in coaching.

MENTAL HEALTH AND WELLBEING IN SPORT



Ex-England and Wigan Warriors player, Danny Sculthorpe, came in to College to talk to students about his battle with depression and anxiety.

He shared lots of tips to manage stress, which helped him to cope with match day anxiety.

Click [here](#) to see his lockdown message for our students during mental health awareness week

To see more students, staff and facilities at the Centre of Excellence in Sport click [here](#).

COLLEGE TIMES

Keep up to date with the latest news from Wigan & Leigh College.

Download the latest edition.

<https://www.wigan-leigh.ac.uk/news>

